



NEWSLETTER

Autumn Term 2015

I hope that everyone is now settled back into their routines for the Autumn Term both with swimming and at home, many of our swimmers and young coaches have started new schools and colleges. The girls have all been working hard during what is now competition season. The Recreational girls have already taken part in their first competition with the 12U's being placed 4th and the 19U 6th in multi-regionals. The competitive teams will be at the London Aquatic Centre on 18th October for their Multi-Regional competition, Good Luck to all of them.

I would also like to welcome several new members who have joined our novice classes this term and look forward to seeing them all at Eastney on a Saturday afternoon, I am sure that the older girls will help to make them feel welcome.

As always a huge thank you to all volunteers but special thanks to Alison Gunn (Competition Secretary) this term for all her hard work making sure everything runs smoothly for the competitions.

CONGRATULATIONS

Since the last newsletter there have been so many great achievements from our swimmers.

The following girls passed their skills:

Jade Stovell – 4 Susie Taylor - 2
Hazel Parke – 3 Lily Gidney - 2
Daisy Gunn – 3

These swimmers were placed in the Hampshire Competition:

12U
Ruby Boast 2nd Evelynna Krasnova 5th
Maria Smith Fernandez 6th
13/14/15
Jade Stovell 1st Holly Linford 2nd
Lucy Clanfield 4th Phoebe Jones 6th
Hazel Parke 7th Laura Benson 8th
15/16/17
Robyn Stanthrope 1st

England Age Group Squad

Rosie Gunn selected for England Age Group Squad and competed in both Croatia and Italy this summer.

DATES FOR THE DIARY

18 th October	Multi Regionals London (Competitive)
23 rd – 25 th October	Scottish Nationals (Competitive)
31 st October	Skill Day – Walsall
4 th – 6 th December	NAGS (Recreational & Competitive)
13 th December	Club Champs
20 th December	Last day of term

FACEBOOK

We have created a closed Facebook group which you are invited to join : 'Portsmouth Victoria Synchronised swimming - members only'

Please use the link below to find it

<https://www.facebook.com/groups/865994400145212/>

SHOP

The shop is now being run by Sian Taylor. Sian's daughter Suzie swims in the 12U Comp team. Contact details for Sian are:

siantaylor400@hotmail.com or text on 07807 795773

Club Tracksuit - £33 Hat - £5 Nose Clip - £2
T- Shirts - £10 Skort - £21 Black swimsuit - £11
Adult Hoodie - £18 Children Hoodie £15 Blue Swimsuit - £13

WELCOME RHIANNWILLIAMS TO COACHING TEAM

I am sure that most of the swimmers will have met Rhiannon by now but we wanted to introduce her to parents. Rhiannon has joined our team of coaches for the coming year as part of her university course. She will work with the other lead coaches in the delivery of the club's programme. As Rhiannon's post is a full time position she will be involved not only with club training but also in promoting synchronised swimming in the community (as Helen has done previously) and assisting the committee with administrative tasks.

For those of you who don't know Rhiannon the following is a brief record of her synchro career:

She started Synchro with PVSC when she was 12 years old she progressed quickly and in 2009 came second at National age groups. She was invited to trial for the Comen Cup England team and competed for England in Crete. Following this she was selected into the Great Britain junior team and competed in Belgrade. Finally in 2012 she became British Champion in both solo and duet winning the overall highest points for that competition.

We look forward to her input to club life over the coming year.

PHOTO GALLERY



Multi Regional Competition 12U & 19U Rec Teams



Sainsburys Vouchers



Beacon Girls



Skill Days!



Training



Rosie Gunn
England Age Group



Some of our Volunteers, Coaches & Team Managers